



## *News Release*

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***FOR IMMEDIATE RELEASE***

### **HEALTH CENTER AT BENDIX HUNTINGTON, INDIANA, FACILITY CELEBRATES 10 YEARS OF CARING FOR EMPLOYEES AND FAMILIES**

*On-Site Clinic Is Contributing to Improved Health Outcomes of Company's Team Members and Families Through Convenient Preventive, Primary, and Acute Care Services*

**AVON, Ohio – Sept. 26, 2023** – How important is the on-site company health center to employees at the Huntington, Indiana, manufacturing complex of Bendix Commercial Vehicle Systems LLC (Bendix)?

“It’s seen as absolutely essential – an indispensable part of the workplace,” said Eric Meehan, Bendix Huntington plant manager. “With the convenience and care it offers, the Bendix Health Center is right up there with the operation’s safe working conditions, competitive pay and benefits, and climate-controlled plant. And it’s another reason for the Huntington plant’s standing as a highly valued employer in the region.”

This month, Bendix celebrates the 10<sup>th</sup> anniversary of the center, which has helped hundreds of employees and family members change their lives for the better.

The Health Center, operated through a partnership with Marathon Health LLC, reflects Bendix’s long-standing commitment to the health and wellness of its employees and their families. A nurse practitioner and medical assistant staff the center, where employees and family members receive preventive, primary, and acute care services, follow-up care, and referral management. Other services include health assessments, health coaching, medication dispensing and support, administration of lab tests, management of chronic conditions, and

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educational offerings. On-site clinicians can either serve as employee primary care physicians or coordinate with employees' current doctors.

Employees can visit the Health Center – open four days a week – during their shift. The center now offers pre-employment health screenings for new hires as well, introducing people to its services before they've started their job at Bendix.

"We're proud to reach the 10-year mark of the on-site Health Center at Huntington," said Gwen Scott, Bendix's director, wellness and benefits. "The milestone speaks to our enduring focus on promoting a culture of health at Bendix – and, in turn, to our employees and their families enthusiastically embracing that culture. We emphasize wellness and proactive healthcare management as part of our Bendix Be Healthy mission – toward the goal of helping everyone live their best lives at work, at home, and into retirement. Above all, we strive to do everything possible to make the healthy choice the easy and convenient choice for our workers and their families."

### **Numbers Tell the Story**

The effort is working, according to data compiled by Marathon Health. Bendix Huntington's workforce numbers over 500 employees. In 2022, more than three-quarters of employees without high-risk health conditions engaged with the Health Center. For those with high-risk conditions, the number rose to 85%. Nearly three-quarters of all participants made progress on key biometrics – seeing improvements in everything from blood pressure measurements to cholesterol and glucose readings.

In a survey, employees gave the center a 98% patient satisfaction score. The 2022 engagement numbers reflect consistent growth since the center's opening, while patient satisfaction scores have remained at or near 100% throughout the decade.

"These are real people making real improvements in their health," said Tricia Miller, Huntington's manager, human resources. "We're inspired by their participation in the center's wellness offerings such as blood pressure clinics, flu shot clinics, and annual blood draw events. And we love how our team members engage themselves in the programs we operate to make healthy nutrition choices, quit smoking, raise skin cancer awareness, and manage stress, blood pressure, and body weight – cheering each other on along the way. The center also works with many employees to monitor more chronic conditions and help them live a healthier lifestyle."

One of the many Huntington employee success stories belongs to Brian Wiley, service technician, who was recently recognized by Marathon Health for his "Healthy Like Me" patient story submission – the fifth Huntington team member honored in the nationwide program. Wiley

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visited the Health Center after hurting his back. He sought help in losing weight. With the center's guidance, he incorporated healthier eating and exercise into his daily life and has surpassed his weight goal. "I'm very proud of myself for achieving my goals," Wiley said. "I have less back pain and am more motivated to continue to stay healthy."

### **In Their Own Words**

Other team members are also grateful for the on-site resource, where Francie Harvey, family nurse practitioner, and Amanda Conner, registered medical assistant, welcome employees.

"I really like having an on-site center to be able to talk to someone about my diabetes questions and for help understanding this disease that I live with every day," said Jerry Kroeger, quality engineer. "I have been able to call and quickly get in, even if it is to check my blood pressure. They helped me learn how to put on the arm monitor I wear to check my blood sugar level. With my needing blood draws more than normal, they always make time to work with my family doctor to get this done so I don't have to miss more work due to my special needs."

"I love going to the Health Center and having Francie take care of me," said Sally Keyser, quality engineering technician. "In this busy world when you have problems getting to see your family doctor, you can rely on Francie giving you good, quality care. And caring why she does it."

"The Health Center has been a real blessing," said John Septer, quality technician. "The team is professional and caring. They always see me in a timely fashion, listen to my concerns, and provide solutions that they explain in detail. They care about my health and don't just try to medicate an issue, but give ideas about how to permanently fix issues, long-term. I really appreciate the follow-up calls they do, to see how the plan is going, and make adjustments, if necessary. My quality of life and health are better because of the work they do. It is certainly the ladies' hearts that make the center special."

"I am very thankful that we have the on-site health center," said Cindy Burns, core administrator. "I can call and get in within that day. Francie is very knowledgeable and challenges me with making good choices to better my health."

### **A Health and Wellness Culture**

After the Health Center in Huntington launched in 2013, Bendix opened Marathon Health-operated facilities at three more of its North American locations: the Bowling Green,

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Kentucky, manufacturing campus in 2020; the Avon, Ohio, headquarters in 2021; and its Hanover, Pennsylvania-based subsidiary R.H. Sheppard Co., Inc., in 2022.

“Bendix is unparalleled in their openness to partner and engage in wellness opportunities, which has led to large percentages of their employees making progress on their health goals, exceptionally high member satisfaction, and reduction in healthcare spend across the company,” said Jeff Wells, MD, Marathon Health’s CEO.

The actions are all part of the company’s goal of creating a healthier working environment, decreasing absenteeism, and improving employee productivity and health both in and out of the workplace. Bendix facilities across North America, Huntington among them, offer employee exercise options – including on-site fitness centers or discounted memberships at local gyms – as well as a shared commitment to provide healthy catering and healthy vending machine offerings. In 2012, Bendix Huntington and several other Bendix campuses declared themselves tobacco-free properties.

The culture of health and wellness at Huntington extends to health walks such as the annual Relay For Life of Huntington County charity walk, where Bendix has been a corporate participant for nearly two decades.

A major employer in the area, Bendix has operated its large manufacturing and distribution center campus in Huntington for over 40 years. The Huntington operation includes manufacturing and assembly facilities, as well as Bendix’s primary North American distribution center.

### **About Bendix Commercial Vehicle Systems LLC**

Bendix Commercial Vehicle Systems, a member of Knorr-Bremse, develops and supplies leading-edge active safety technologies, energy management solutions, and air brake charging and control systems and components under the Bendix® brand name for medium- and heavy-duty trucks, tractors, trailers, buses, and other commercial vehicles throughout North America. An industry pioneer, employing more than 4,400 people, Bendix – and its wholly owned subsidiary, R.H. Sheppard Co., Inc. – is driven to deliver the best solutions for improved vehicle safety, performance, and overall operating cost. Contact us at 1-800-AIR-BRAKE (1-800-247-2725) or visit [bendix.com](https://www.bendix.com). Stay connected and informed through Bendix expert podcasts, blog posts, videos, and other resources at [knowledge-dock.com](https://www.knowledge-dock.com). Follow Bendix on X, formerly known as Twitter, at [twitter.com/Bendix\\_CVS](https://twitter.com/Bendix_CVS). Log on and learn from the Bendix experts at [brake-school.com](https://www.brake-school.com). And to learn more about career opportunities at Bendix, visit [bendix.com/careers](https://www.bendix.com/careers).

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